



**Donate** items \* **Volunteer** your time \* **Contribute** funds

Information about on how to support the needs of the patients at the Shriners Hospitals for Children-Twin Cities and the Womens General Auxiliary. A collection box is located at Zuhrah Shrine Center for your convenience

- **Warm and Cuddly:** The patients receive a blanket during their hospital stay and outpatient treatment. When they leave for home, they can select a hat and pair of mittens from the *Hat and Mitten Tree* in the Atrium.  
  
Soft and Cuddly items needed are fleece blankets, cotton pillowcase, hats and mittens. Details include: Fleece blankets xlg size 72" x 60" (they wrap around a wheelchair nicely) or lg size 60" x 40". Coordinating cotton standard pillowcase. Kid friendly patterns in bright colors, neutral patterns and colors are welcome, too. Hat or headband and mittens that are knit, crochet or fleece.
  - **Donate** completed items or the material fleece, fabric and yarn; **Volunteer** your time to knit, crochet or sew the items; **Contribute** money or gift card to JoAnn Fabric used to purchase fabric/fleece and yarn.
  
- **Soft and Fuzzy:** The patients may choose a stuffed animal during their hospital stay and outpatient treatment. They also receive a stuffed animal in the Christmas stockings that are distributed to patients and their siblings beginning in November.
  - **Donate** stuffed animals in various sizes; **Volunteer** your time to assemble the Christmas stockings (530) beginning in October; sew the stockings from patterns provided; **Contribute** money or gift card to JoAnn Fabric or Target used to purchase fabric/fleece and yarn.
  
- **Toys and Games:** Toys and games for any age, toddler to age 18.
  - **Donate** toys and games in various sizes; **Volunteer** your time to assemble the Christmas stockings (530) beginning in October; **Contribute** money or gift card used to purchase items.
  
- **Prom Night:** The SCHFC-TC holds an annual Prom Night for the patients in April. The Patients are able to select formal wear and accessories from *The Prom Store*, held end of March. Donations are appreciated prior to March in order to be available at *The Prom Store*.
  - **Donate** items: formal wear (suited for male and female teenagers); dresses, Tux vest, shirt and tie, Tux or suit, nail polish, accessories. Items should be gently used and laundered or dry-cleaned before donating. **Volunteer** your time to alter the formal wear for the Prom attendees.

- **Personal Care:** Personal Care packages are distributed to patients during the year as well as parents staying in the Womens General Auxiliary Parent Accommodations Care Unit (PAC unit). Approx 530 personal care packages are included in the Christmas stockings that are distributed to the patients. A Personal Care package includes brush, comb, toothbrush and paste, travel size soap, shampoo, conditioner and lotion.
  - **Donate** items: listed above. **Volunteer** your time to sew the Personal Care bag, patterns available. **Contribute** money or Target gift card: used to purchase items.
  
- **Child Life, crafts:** The patients participate in Child Life Activities as part of their therapy. Some patients prefer craft items or stuffed animals, rather than toys, in their Christmas stocking.
  - **Donate** items: craft items or kits such as looms, beads, foam art, friendship bracelets, charm holders. **Contribute** money or gift card to Target, Michaels or JoAnn Fabrics: used to purchase the craft items.
  
- **Child Life, BINGO prizes:** The patients enjoy games of BINGO regularly as part of Child Life Activities, winning small prizes.
  - **Donate** items: Matchbox cars, card games and Nerf balls. **Contribute** money or Target gift card: used to purchase items.
  
- **Teenagers:** The SCHFC-TC will treat patients up to age 18. They appreciate age appropriate items throughout the year and in their Christmas Stocking. Suggestions include backpack charm holders, soccer/footballs, fashion scarves, wallet purse, iTunes GC.
  - **Donate** items: listed above. **Contribute** money or Target gift card: used to purchase items.
  
- **Travel Activity Bags:** Many patients travel by car, van or bus from the Midwest region, outside of the Twin Cities, for outpatient and treatment and checkups. Some are accompanied by their siblings. Travel Activity Bags entertain them on their return trip home.
  - **Donate** items: small canvas book bags (approx. 8" x 11"), crayons or washable markers (small count), activity or puzzle books. **Contribute** money or Target gift card: used to purchase items for the Travel Activity Bags.
  
- **Active wear:** Sweat pants/shirts are adapted for rehab purposes to allow easy access for braces and casts. Seamstress will rip the seams open from the pants/shirts and sew in snap tape or Velcro for closures.
  - **Donate** items: Active wear sweat pants/shirts in various children and adult sizes up to XX large, neutral solid colors. **Volunteer** your time: Sew the snap tape or Velcro closures into the seams, patterns and snap tape available. **Contribute** money or gift card to Target or JoAnn Fabrics: used to purchase the active wear, snap tape and Velcro closures.

- **Pop Tabs:** Collect Aluminum Tabs for Recycling. Please save aluminum tabs from all cans. The aluminum tabs are recycled and the proceeds received from recycling are used for the Wheelchair Fund at the Shriners Hospital for Children-Twin Cities. Tabs can be dropped off at the Shriners Hospital for Children-Twin Cities (the collection bin is in the parking ramp near the hospital entrance), brought to any Zuhrah Stated meeting by your Noble or given to the Divan liaison at a Zuhrah Unit or Club meeting.
  
- **General**
  - All donated items must be in new, unused condition from non-smoke, non-mold surroundings. Items are given to patients anonymously, therefore no logo or branded items are accepted.
  
  - Find a current list of items needed from the Womens General Auxiliary *Thru the Window* newsletter at <http://www.womens-auxiliary4kids.org/>
  
  - Find detailed information, including instructions, in the Zuhrah Ladies Information section at <http://www.zuhrah.org/>
  
  - The Womens General Auxiliary is a federally approved nonprofit organization with their own 501(c)(3) charitable designation. A gift from you is tax deductible. Please contact them if you require their IRS number for your tax records.

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- **Volunteer at the Shriners Hospitals for Children-Twin Cities:** The SHFC-TC is in need of trained volunteers to conduct tours and certain activities at the SHFC-TC. The Volunteer program is managed by the SHFC-TC, not through the Womens Auxiliary. Contact the SHFC-TC to obtain a Volunteer Application form, please email [mjohnston@shrinenet.org](mailto:mjohnston@shrinenet.org) or call 612-596-6100.